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WELCOME TO THE **ACCELERATED DEVELOPMENT PROGRAM** AT CORAL GABLES SENIOR HIGH

For the 2023-2024 season, Paris Saint-Germain Academy and Coral Gables Senior High are excited to offer a unique and comprehensive soccer development program that not only focuses on excellence on the field, but also education and practical logistics for the entire family.

Our program follows the training regimen and methodology of Paris Saint-Germain, and with a holistic approach to player development, our program aims to sharpen players' intelligence through the acquisition of individual fundamentals while fostering overall improvement.

WHAT ARE THE BENEFITS OF THE PROGRAM AND WHY IT IS AN EXCELLENT OPPORTUNITY FOR PARENTS TO REGISTER THEIR STUDENT-ATHLETES?

1. ALL-ENCOMPASSING TRAINING WITH EDUCATION ON AND OFF THE FIELD

- ✓ **Pro soccer development:** Our program is designed to provide **pro soccer development, applying the best-in-class Paris Saint-Germain training methodology**, which goes beyond just physical training. We also prioritize the mental and strategic aspects of the game, helping athletes develop a strong mindset, soccer intelligence, and decision-making skills on the field.
- ✓ **Education on and off the field:** In addition to soccer training, we offer **educational sessions and workshops to develop well-rounded players** who excel in soccer, academics, and personal growth. Athletes will receive premium content and learn valuable life skills that will benefit them beyond their soccer careers. Our program offers professional training development that focuses on various aspects of the sport, including **nutrition, fitness, mental preparation, strength and conditioning, and video analysis**. By incorporating proven training methods from Europe, designed to build world-class soccer players, we aim to provide our athletes with the tools and techniques to excel their skills and performance.
- ✓ **Elite competition:** Opportunity to **join the competitive teams of Paris Saint-Germain Academy Miami** and participate in the top youth soccer leagues and tournaments on weekends.

2. STREAMLINED PRACTICAL LOGISTICS FOR SIMPLIFIED FAMILY ORGANIZATION AND IMPROVED QUALITY OF LIFE

FOR PARENTS:

Our program not only focuses on soccer development, but also offers practical benefits for the entire family. By reducing transportation needs and providing a comprehensive training and educational experience in one location, time, energy, and money for families is saved, making it a convenient choice for parents.

- ✓ **Optimal organization:** Our program is conveniently held just after school on the same site, eliminating the need for commuting or driving to multiple locations. This ensures efficient time management for families, allowing student-athletes' to participate in soccer training without disrupting their daily routines.
- ✓ **Early end time:** Our program ends at 5pm, allowing students to start their homework earlier compared to regular academies with later end times. This provides them with more time to manage their academics and other activities, while also having the freedom to spend time with family at home.



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FOR STUDENT-ATHLETES:

- ✓ **Open-mindedness:** Our program promotes a well-rounded approach where education is at the core of the program. It fosters an open-minded attitude by exposing athletes to diverse training methods, educational sessions, and workshops. This helps them develop as individuals, broadens their perspectives, and prepares them for challenges on and off the field.
- ✓ **Focus on a sport and academic successes:** Our program's location at the high school eliminates the need for additional travel, reducing time spent commuting and allowing athletes to focus more on soccer and academics, while also minimizing the impact on their daily schedule.
- ✓ **Preparation for college:** Our intensive routine and comprehensive approach to soccer and education prepares athletes for the demands of college life. By participating in a unique program that simulates the college experience, athletes gain valuable skills in time management, adaptability, and discipline, which can be a significant advantage in the college application process.

The Paris Saint-Germain Academy **Accelerated Development Program** at Coral Gables Senior High offers a unique opportunity for high school athletes to excel in both soccer and academics. By providing a comprehensive and convenient program that prioritizes soccer excellence, academic success, and practical logistics, we are committed to helping athletes reach their full potential as both soccer players and individuals.

Join us and be a part of an all-encompassing soccer program that prepares student-athletes for success on and off the field, and your personal life.

For more information or to register, please contact us at contact@fcmiamicity.com or visit www.psgacademymiami.com/cgsh/

