## FC MIAMI CITY



IMPLEMENTING THE PARIS-SAINT-GERMAIN ACADEMY METHODOLOGY

PLAYERS BORN BETWEEN 2004 AND 2012


## JOIN THE INTERNATIONAL DEVELOPMENT GIRLS ELITE PROGRAM

## WELCOME TO A GLOBAL NETWORK

FC MIAMI CITY is part of STRIVE FOOTBALL GROUP, the global soccer network leader in youth development, alongside the following renowned clubs and residential academies:

## Academies

- PSG Academy Pro USA
- PSG Academy Pro Senegal
- PSG Academy Pro Greater Geneva


## Clubs

- Thonon Evian Grand Geneve FC
- FC Miami City



## MISSION

FC MIAMI CITY designed a holistic and "never before seen" program for elite girls soccer players to unlock their maximum potential.

Players take part in elite national and international competitions and receive world-class soccer development through the official Paris

Saint-Germain Academy methodology.
FC MIAMI CITY provides a safe and professional environment to prepare for the highest opportunities at the collegiate and


## PARIS SAINT-GERMAIN ACADEMY

 METHODOLOGY

## COLLECTIVE DEVELOPMENT

- Tactical understanding of the game
- Team cohesion \&
communication
- Integration of individual talent into a collective team
- Team formation


## MENTAL DEVELOPMENT

- Pursuit of success
- Focus
- Resilience
- Self-confidence


## INDIVIDUAL DEVELOPMENT

- Technical execution
- Finishing / set pieces
- Gesture repetition
- Positioning \& Perception
- Position specific preparation


## PHYSICAL DEVELOPMENT

- Power
- Endurance
- Speed
- Injury prevention and recovery


## PERFORMANCE ENHANCEMENT

- Healthy routines
- Performance \& Recovery


## ELITE COMPETITION

- International tournaments, tryouts and experiences
- National competition and ID Showcases


## DEVELOPMENT PROGRAM



Players follow a professional soccer development program leading them to an outstanding understanding and vision of the game.
We foster smart players through a unique technical, tactical, mental and physical development program including fair play, leadership, self-confidence and unequaled soccer IQ including the following fundamentals:

## PHASES OF THE GAME

- Evaluation of the game
- Occupation of the field
- Defensive and offensive transitions
- Covering
- Protection of the goal
- Spaces cutting
- Availability
- Intervals
- Forward planning
- Moving


## TECHNICAL SKILLS

- Ball control
- Passing
- Dribbling
- Finishing
- Volleying
- Strong foot mastering
- Weak foot strengthening
- 1v1 duals


## PERCEPTION \& INTELLIGENCE OF PLAY

- Identification of the free spaces,
- The opponents and the teammates


## MENTAL \& PHYSICAL STRENGTHENING

- Rules enforcement
- Hygiene
- Invisible training
- Nutrition
- Aerobic.


## VALUES \& WORK ETHIC

- International tournaments, tryouts and experiences
- National competition and ID Showcases
- Fair play
- Altruism
- Sportsmanship
- Leadership, Self-confidence
- Consistency and focus


## PROFESSIONAL

## COACHING STAFF

The Paris Saint-Germain methodology is implemented by a professional and highly qualified Paris Saint-Germain Academy coaching staff (UEFA licensed or US equivalent) with professional experience in girls' soccer development (colleges, youth academies, pro or national teams).



## ELITE <br> COMPETITION

## LEAGUES

## TBGA

Academy

¿ GothiaCup

COMPETITION IS PLANNED DEPENDING ON THE PERFORMANCE OF EACH TEAM.
IT INCLUDES AND IS NOT RESTRICTED TO:

## - LEAGUES

ELITE DEVELOPMENT LEAGUE
USL W AND USL ACADEMY LEAGUE
USYS SUNSHINE CONFERENCE

- INTERNATIONAL TOURNAMENTS

MIC - SPAIN (APRIL)
PSG ACADEMY WORLD CUP - FRANCE (MAY)
DONOSTI CUP - SPAIN (JUNE)

- NATIONAL TOURNAMENTS AND SHOWGASES

IMG GIRLS CUP (MARCH)
JEFFERSON CUP (MARCH)
DALLAS INTERNATIONAL GIRLS CUP (APRIL)
SAN DIEGO SURF CUP (JULY / AUGUST)

## GLOBAL OPPORTUNITIES

We take your game beyond the frontiers for the ultimate competition.
FC Miami City Girls Elite Academy players have direct and priority access to our own clubs, and partnered clubs including teams in the NWSL.


## FC MIAMI CITY

## NASL, W <br> W League

Paris Saint-Germain
Girls Elite Academy
represents the youth Academy and Reserve teams of FC Miami City (USL W).

Co-founder of the USL W League.

2022 Southeast Division Champions, undefeated.


## THONON EVIAN GRAND GENEVE FC



Play in the second highest division in the French National League.

Reached semi finals of the French cup and played against Paris Saint-Germain.

International roster with players coming from Europe, America, and Africa.


PARIS SAINT-GERMAIN WOMEN


Crowned Division 1 Champions in 2021.

> Won three cup titles (2010, 2018 and 2022) And reached the UEFA
> Women's
> Champions League final twice.

A prestigious hall of fame with
World-class players from generation to generation.

2 PSG players nominated for the 2022 Women's Ballon d'Or.


## PACKAGE ANNUAL FEE

## \$950 FULL SEASON

From August through June (U12-U16) 3 trainings / week

450\$ USL ACADEMY WINTER + SPRING + SUMMER SEASON
From December through July (U20)
1 training / week

2 LOCATIONS MIAMI
FORT LAUDERDALE


